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I am passionate about teaching people the techniques of this great sport and also about general fitness. Last year i started training a group of people (both staff and students) at the College, but due to other commitments I was not able to continue training the group. I am planning to resume the training sessions mid this month (March 2016).

My dream is to start a Tong-IL- Moo- Do club at Kikuyu Campus that will target both staff and students. I would mainly train them on self defense and general fitness.