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This is Korean sport, it simply means Mixed Martial arts. It has many components like Tae Kwo ndo, karate and Judo.

The sport is unique in that it is unified martial arts, people who have mastered the sport learn different fighting techniques.

The sport has several grading. These are the levels that a player has to train in to become a master.

- *Beginner- White Belt (takes 3 month of training)*
- *Yellow Belt (takes 3 month of training)*
- *Green Belt (takes 3 month of training)*
- *Blue Belt*
- *Brown Belt*
- *Black Belt*